

Course Information Sheet

BSc (Hons)

Psychology with Foundation Year

Mode and course length - Full-time (4 years)

Location - UCLan London campus (East India Docklands)

Awarding Body - University of Lancashire. As a registered Higher Education provider University of Lancashire is regulated by the Office for Students.

Overview

This BSc (Hons) Psychology degree offers an extensive outlook on exploring and understanding why people think, feel and behave as they do. The knowledge and skills you gain from this degree can be utilised across a wide range of career paths that positively impact the lives of others, in public, private, and healthcare domains.

Students will demonstrate a well-rounded understanding and critical awareness of human behaviour and reasoning behind mental processes. There is a focus on the major components and methods of enquiry within contemporary and classical psychology such as research methods, social and developmental psychology, health, crime and business.

By covering these vast areas, it will allow students to apply theory and evidence-based approaches to examine real-world events on a national and global level and engage in current and future debates within the discipline. Crucially, this course provides students with sufficient breadth and depth of knowledge and practical skills that they can pursue a wide range of psychology-related careers and further postgraduate study.

Course Delivery

Our courses are delivered through a variety of teaching and learning methods that provide students with a modern and engaging higher education experience. These include lectures, seminars, workshops, practical sessions, group projects, reflective practice, case studies, and work-related learning. You will also use our Virtual Learning Environment (VLE) to access learning resources, submit assignments, and engage in online discussions.

Each course is structured into 'modules', each focusing on specific subject areas. Module information, including learning outcomes and assessment requirements, will be provided through Module Handbooks and the VLE.

Assessment

Assessment methods are varied and may include written assignments, essays, case study analyses, presentations, reports, health promotion campaigns, reflective logs, and research projects. These approaches allow you to demonstrate both your academic knowledge and your practical skills.

Most modules include more than one assessment, giving you the opportunity to develop a range of competencies. Formative feedback will be provided throughout your studies to help you progress and strengthen your performance.

Fees

Information about your course fee, including any annual fee increases or deposits (if required), can be found in your offer letter.

Additional Costs

During your course, you may be required to take extra or repeated modules to recover any modules you have failed. You will be charged an additional tuition fee to cover the costs of the extra or repeat modules. This additional fee will be based on the credits for the module(s) you repeat or take.

Modules

Foundation Modules

Foundation Year: COC009 Data Skills

This module builds the numerical and analytical skills needed for academic study and professional work. Students will apply core mathematical techniques such as percentages, ratios, and averages, while also learning to interpret and present data using Microsoft Excel. The focus is on developing confidence in problem solving, decision making, and understanding how data is used in academic and workplace settings.

Foundation Year: HIC004 Research Skills

This module builds students' ability to find, evaluate, and integrate academic research into their work. It includes training on navigating online libraries, assessing source reliability, and structuring written arguments. Students develop strategies for reading critically, writing effectively, and supporting ideas with credible evidence. These skills underpin academic success at degree level.

Foundation Year: BMC011 Communication Skills

This module focuses on developing professional communication skills essential for both academic success and workplace effectiveness. Students practise written and spoken communication in business contexts, including managing conflict, structuring arguments, and using appropriate registers. Group work, presentations, and public speaking are central to building confidence. By the end, students will be able to communicate ideas clearly and professionally in a variety of settings.

Foundation Year: HIC006 Professional Development for Practitioners

This module equips students with professional skills for practice in health, social care and psychology career pathways. Topics include person-centred practice, safeguarding, confidentiality, reflective practice, motivational interviewing, and mental health awareness. Students also strengthen transferable skills such as organisation, teamwork, and communication, supporting their progression into degree-level study and professional contexts.

Core Modules

Year 1: PS1110 Introduction to Psychological Research Methods

This module introduces students to research methods in psychology and aims to build students' practical and analytical skills. The module will also provide students with an introduction to qualitative and quantitative methods as well as provide a historical perspective of psychology.

Year 1: PS1120 Introduction to Social and Developmental Psychology

The aim of this module is to introduce key concepts, studies, subject areas and methodological approaches within developmental and social psychology making reference to some key issues and debates in the history of psychology.

Year 1: PS1130 Introduction to Biological and Cognitive Psychology

This module provides a foundation in perception and human information processing. There will also be a focus on the application of research methods and theory to assess human behaviour within biological and cognitive psychology.

Year 1: PS1150 Academic and Professional Skills

The module develops a range of academic skills, providing a basis for success and progression at university and beyond. The aim is to teach these skills explicitly at the first stage of the undergraduate journey, working to improve not only academic competence, but to develop the confidence, resilience and critical abilities of students. The module covers practical written skills including planning of written work and use of academic register. Other elements include the use and process of research, helping students to find appropriate sources, assess their reliability and then integrate these into their own work using academic referencing. The module also teaches techniques for delivering effective presentations as well as transferrable skills such as teamwork and time-management.

Year 2: PS2110 Advanced Research Methods

This module provides students with the necessary skills to assess and analyse empirical research relevant to real world enquiry in psychology. Students will employ quantitative and qualitative approaches to collect and interpret data whilst upholding ethical and professional standards.

Year 2: PS2120 Advanced Social and Developmental Psychology

This module provides a detailed overview of the main areas of social and developmental psychology. The module covers key areas of theory, research, and contemporary issues.

Year 2: PS2130 Advanced Biological and Cognitive Psychology

This module explores human cognition and biopsychology and provides students with an opportunity to examine how memory, attention and language processing impact human behaviour. The module will also cover methodological approaches used within this field of study to assess and conduct research experiments.

Year 2: PS2140 Essential Issues in Psychology, History and Individual Differences

The purpose of this module is to allow students to become familiar with debates around issues in psychology, explore controversies, use and apply ethics, and assess individual differences within psychology.

Year 3: PS3111 Forensic and Clinical Psychology

The module aims to provide comprehensive understanding and explanation to the causes of aggression and violence and explore areas of forensic and clinical psychology. The module will also explore links to Clinical Forensic Psychology as a separate field in which clinical psychology is applied and able to address the legal system and examine therapeutic interventions.

Year 3: PS3120 Psychological Applications in Professional Contexts

This module aims to provide students with a comprehensive understanding of the core concepts, theories, and applications of psychology in business and educational domains. In addition, the module aims to build the skills necessary to effectively apply knowledge developed across the course to various professional contexts.

Year 3: PS3130 Psychology of Everyday Life

This module explores the psychology of everyday life by focusing on contemporary social issues and the ways in which they relate to human experiences and how people perceive everyday life phenomena.

Year 3: PS3140 Research Project

Students will complete an empirical research project under the supervision of a staff member. Students will apply their knowledge and skills of research design, collection and analysis of data. The topic will be in an area of psychology as agreed by the project supervisor.

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